

Developing a Personal Profile

Over the next few days you will be compiling information that will be used to produce your personal profile. When thinking about possible careers it is important to be aware that our skills, interest, values and aptitudes can prove to be better suited for certain careers vs others. To begin the personal management unit we be doing a series of self assessments to better understand ourselves.

Part 1- Self Assessments

Use the links below to complete the following inventories. Please be sure to write down your scores on the score sheet as you will need these score for the final project for this unit.

Inventory	Link
Values	http://highered.mheducation.com/sites/0073381225/student_view0/chapter2/self-assessment_2_2.html
Interests	on career cruiser- use log in and go to assessments and complete assessment
Learning Style	on career cruiser- use log in and go to assessments and complete assessment
Multiple Intelligence	http://www.edutopia.org/multiple-intelligences-assessment
Skills	https://www.mindtools.com/pages/article/get-started.htm
Big five personality	http://www.outofservice.com/bigfive/
Myers-Briggs Personality	http://www.humanmetrics.com/cgi-win/jtypes2.asp
Holland Code quiz	http://www.roguecc.edu/counseling/hollandcodes/test.asp

SCORE SHEET

Inventory	Results
Values	
Interests	
Learning Style	
Multiple Intelligence	
Skills	
Big Five Personality	
Myers-Briggs Prsonality	
Holland Code	

Based on your scores what type of careers pick (3) are you best suited for and why do you think these careers were picked for you?
